

PANDIT DASA

MINDFUL LEADERSHIP EXPERT, MOTIVATIONAL SPEAKER AND AUTHOR

Long Bio

Pandit Dasa is a Mindful Leadership Expert, motivational keynote speaker and author. Pandit helps organizations improve employee engagement, retention and workplace happiness. He does this by inspiring organizations to create a mindful workplace culture by encouraging his audiences to lead by example, appreciate the contributions of their colleagues, communicate mindfully and manage one's emotions. He helps individuals develop positive leadership qualities, lower stress and anxiety, increase focus and productivity and boost emotional intelligence.

He also engages the audiences in various breathing and focusing exercises that individuals can implement at work and at home to boost focus and clarity. In his book, Urban Monk, Pandit writes about the turning point in his life that came after his family lost their multimillion-dollar business, which ultimately led him to living as a monk for 15 years in New York City.

Some of the organizations Pandit has spoken to are:

Google	The World Bank	SHRM Arkansas
IBM	PwC	Oracle HCM
JPMorgan Chase	UBS	ATD2018
Citibank	Royal Bank of Canada	LEAD2017
TD Ameritrade	AMC Theatres	WorkHuman
State Farm	UNICEF	Conference
Bank of America	Bank of Montreal	UNICEF
Nationwide	Harvard	AMC Networks
State Farm	Columbia University	
Intel	World Govt. Summit	
Novartis	SHRM National	

Pandit has spoken at a TEDx conference and has been featured in the Wall Street Journal, PBS, NPR, The New York Times, Psychology Today and writes for The Huffington Post.